



NASHVILLE ROAD  
COMMUNITY **C**HURCH

In the movie The Martian, Matt Damon plays Astronaut Mark Watney who spends 560 days marooned on Mars after an accident. The film depicts his struggle to survive and Nasa's efforts to rescue him. My favourite scene is near the end when he finally grabs hold of his rescuers arm and he's brought on board the spacecraft - the crew cheers, Nasa's flight centre cheers and I get a lump in my throat! Back on earth Watney becomes a survival instructor for astronaut candidates and he's not the same - he's changed. He's experienced a great adventure story where an incredible number of people worked together to save him. He'll never view life the same way - he's part of a much bigger story!

This Sunday we're continuing our SHIFT series and we're looking at peace - what it is and how we cultivate it. As a Christian - Jesus has given us His peace and Paul says that peace has the power to guard and rule our hearts. Cultivation requires digging and this Sunday we'll dig down and focus our hearts and minds on the bigger story that we're now part of! You can check out Paul's words on this in [Colossians 3:1-15](#) Hope to see you Sunday!

## Church Events

- \* Jan 27: Man UP
- \* Jan 28: Hearing God's voice @ 10am
- \* Jan 30: Women's connect and grow
- \* Feb 4: Call to pray @ 7pm
- \* Feb 18: Call to pray @ 930am
- \* Feb 18: Family Games Night 6-9pm



# Youth Winter Camp

## Youth Winter SNOCamp March 2-4, 2018:

We're excited about the possibility of heading away for a great weekend adventure with tons of other young people at Muskoka Woods! It's a great weekend to enjoy all of what Muskoka Woods has to offer while also being immersed in worship and teaching from God's word. Snocamp can be a major highlight for our year! The cost is \$155 and we'll be carpooling! We need to know how many young people are in for the SNOcamp Adventure - so please let Kelly Martin know asap so we can book our spaces!!



**Proverbs 14:30**

*"A heart at peace gives life to the body"*



The MOVING WITH MUSIC program is designed to make you move! Each session uses music and rhythm exercises that help maintain walking, balance and general movement. All exercises are adaptable so participants can work at their own level.

MOVING WITH MUSIC benefits healthy older adults as well as those dealing with (but not limited to):

> Brain Injury > Stroke > Parkinsons Disease

### DETAILS:

**Day:** We're meeting each Thursday starting on February 8th

**Time:** 9:45-10:45

**Where:** The Chapel at Nashville Road Community Church - 6950 Nashville Road

**Cost:** No charge!

For more info please contact Julia at 647-230-2066 or email -

[info@juliaplacemusictherapy.com](mailto:info@juliaplacemusictherapy.com)

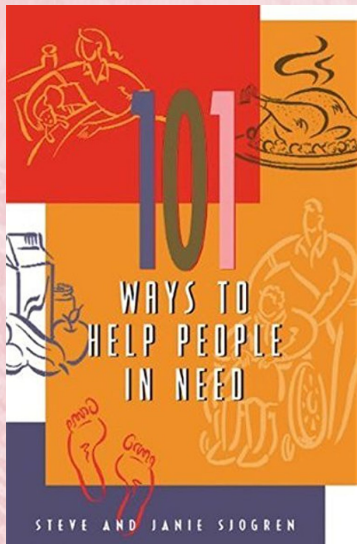


## New To Our Family

On Sunday evening - Gail and Doug Lister's daughter Kelly gave birth to a healthy 5lb. 7oz. baby boy! "Bryce Kyle Wildi" Praise the Lord for answering prayers for the safe arrival as Bryce is now home after a couple of extra days in hospital.







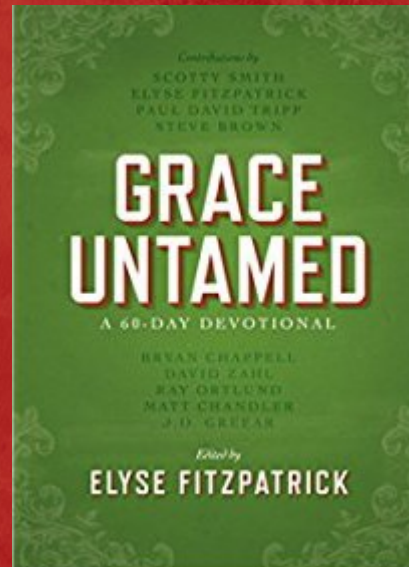
## LOVE SHOWS KINDNESS:

Paul wrote in Ephesians that walking in the way of Love - like Jesus did is a fragrant offering to God. What's your vision for kindness? Steve and Janie Sjogren have written a great little book with lots of practical ideas on

how you can show kindness when you see people's needs. You can purchase it on [Amazon.ca](https://www.amazon.ca) but here's a cool example:

**#8 Tipping Fast Food Workers** - Even though minimum wage just went up - many people working in the fast food industry are struggling to make ends meet. A unexpected dollar or two as a tip is tremendously appreciated. Traditionally fast food workers don't receive tips. So here's how you can change that ... you could buy an inexpensive pack of Thank You cards from Walmart or Dollarama and the next time you're out for fast food - look for the person cleaning up or the person who took your order and then write a little note of encouragement and put a toonie inside it for them.

Love people to greatness - just like Jesus has loved you!



There is a great 60 Day Devotional that is fits as a nice companion to our SHIFT series! It's called Grace Untamed and features short inspiring reminders to focus our thoughts on the difference that God's grace has made and makes everyday! You can purchase it

from [Amazon.ca](https://www.amazon.ca) and if you have a Kindle or the Kindle app - then it's just \$2.99!



## CONNECT CARDS:

Church is a people who God's love and grace are changing! We get to be a large family! Families communicate the important stuff that's happening in their lives often around a dinner table! We'd love to celebrate, support and pray for one another when we hear about what's

happening. One way to do that is with the Connect Card. Think of it as the family dinner table in convenient card form! You can pick one up any time and place it in the offering plate on a Sunday or the Connect Card box



# Prayer & Praise

- Pray for Julia Kowaleski as she gears up to launch our Moving With Music initiative to connect and bless our neighbours beginning February 8th.
- Remember Christine Gerber as she is with her family in Trinidad for the celebration of life at the passing of her brother Willy.
- LeeAnn Major's father Hugh is in Florida and experiencing intense hip pain. Please pray for healing.
- Melanie Jordan's grandmother Mary is 102 and resting peacefully after falling ill last week. Please pray for Melanie and her family during this season.
- Ben Adams is the 37 year old father of four little girls who was involved in a head-on collision on January 4th. He remains in critical but stable condition in Sunnybrook hospital. Please continue to interceding for Ben and his family.
- Gloria Bannon continues her treatment for an aggressive form of cancer. Please continue praying for strength and a deep awareness of God's presence for Gerald and Gloria continues her treatment for an aggressive form of cancer.
- Giovanna Heron's father begins radiation treatment for prostate cancer in Florida. Pray also for strength for Giovanna.
- Hugh Caldwell, a friend of the Kennedy and Redlich families is currently receiving chemotherapy and these next treatments are intense with many possible side effects. Please ask God to give Hugh and his wife Sharon strength.
- Please pray for our high school students as they are writing exams this week.
- Please pray for Anna & David Gottardo and their 4 children( a KCA family) as they prepare to say good bye to David's father. Anna's father is also gravely ill.
- Michael Cook's father has kidney failure - please pray for him as he transitions to dialysis well as for Michael, Charlene and Ava during this significant time.

## UPCOMING EVENTS

### **FAMILY GAMES NIGHT:**

We're getting together as a large family to celebrate Family Day Weekend and have some food and some craziness playing games! Bring your favourite board games, lots of energy and some food to share!

**Date:** Sunday February 18

**Time:** 6-9pm

**Where:** Main Auditorium

