### JOINING IN PRAISE + PRAYER TOGETHER

- > Mark Webb's uncle Peter Steeves, passed away on Thursday morning. Please pray for Mark as he travels to New Brunswick to be with his family and prepare for the funeral which is Monday.
- > Martha Lawson's brother Jonathan continues to struggle with post-concussion symptoms that have greatly impacted his daily life. Please pray that God would heal him and touch his heart with His love.
- > Jason Martin is recovering from an injury to his ankle that makes movement difficult especially in his job that requires lots of moving around.
- > We're walking thru a series on God's grace focusing these last few weeks on forgiveness. Many in our body have experienced wounds that are hard to talk about. Please pray for one another for the powerful reality of God's grace to bring healing and for courage to walk the journey of forgiveness.

When you are aware of items that we as a community can join together with in praise and prayer - please contact <u>Melanie</u> in the church office and let her know

#### **FAMILY CELEBRATIONS:**

**> HAPPY BIRTHDAY** to Chris Major who celebrates his birthday on February 26<sup>th</sup>!

#### **QUICK LOOK CALENDAR:**

- > FEBRUARY 22 / 5PM Coldest Night Walk-A-Thon
- > FEBRUARY 22 / 8PM J-Walkers Youth Night
- > FEBRUARY 25 / 6PM NRCC Family Pancake Dinner
- > FEBRUARY 25 / 7PM Women's Connect+Grow
- > FEBRUARY 26 / 9AM Moving With Music
- > FEBRUARY 26 / 7PM LoveWorks: Talking, Marriage
- > MARCH 7 / 8:30AM Men's Breakfast

### **SUNDAY MORNING FEBRUARY 23RD GATHERING:**

Two weeks ago our daughter Grace took a big step for her. It was something she'd wanted to do for a long time she went down a bigger hill on her snowboard! She's been taking lessons for a few years now and knew she needed to move from the smaller hill to a bigger hill. It was a process that took time and even when she was ready to try - it wasn't easy. She had to navigate thru some of her physical challenges as well as the chair lift - which can be a big obstacle when you've never been on one before. As I watched her come down the hill and whizz by me - I was so full of iov and she was too! Looking back on her snowboard journey - there were times when she wanted to give up, nights when it was so cold & she was tired & learning didn't come easy. I'm so glad she kept going because the joy was so worth it! Overcoming that obstacle gave her a confidence and newfound freedom she couldn't wait to go again! This Sunday we wrap up our series on the journey of forgiveness and consider the potential of expressing God's grace thru reconciliation with the person who hurt us. It's definitely a challenging "bigger hill" but an expression that beautifully reflects what Jesus has done and reveals the greatness of God's grace!



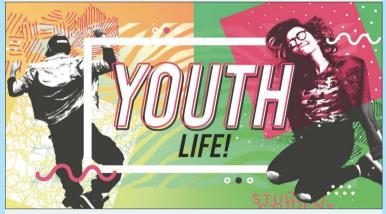
### **MORE FAMILY HAPPENINGS:**

NRCC is a family and we want to make sure we celebrate together! Would you help us celebrate the birthday's and anniversaries in our body by filling out a little card on Sunday to let us know those important dates in your life? Thanks a ton!



# **COLDEST NIGHT OF THE YEAR!**SATURDAY / FEB 22 / 5PM / 1 THEATRE LANE, BRAMPTON

The Coldest Night of the Year is on Saturday, February 22, 2020. CNOY is a family-friendly national walk-a-thon that's a great and fun way to live out the love of God! Our walking supports Regeneration Outreach Community in Brampton and raises funds that help to serve hungry, homeless and hurting people in our community and in 136 communities across Canada! Check out all the details here!



## **J-WALKERS SR HI YOUTH NIGHT @ COLDEST NIGHT** SATURDAY / FEB 22 / 5PM / 1 THEATRE LANE, BRAMPTON

The J-Walkers are joining together for the Coldest Night of the Year Walk-A-Thon and then after we're done walking we're going to head over to the Fitzells for food and fun until 9:30. The Fitzell's address is: 32 Regentview Court in Brampton. Please RSVP to Wanda & Brent to let them know you're coming.



### PANCAKE DINNER

### TUESDAY / FEBRUARY 25 / 6PM / NRCC MAIN AUDITORIUM

We're excited to be hosting our 3rd Pancake Dinner at the NRCC building on the eve of Ash Wednesday which begins the season of Lent during which leads up to Easter.

We're looking to enjoy one another's company along with a menu of pancakes, butter, maple syrup, whipped cream, berries, bacon and sausage. Yes – to enjoy breakfast for supper! Attendance is open to all - even if you need to eat and run; however, we do ask for folks to <a href="sign-up online">sign-up online</a> or at the Welcome Desk so we have an idea of numbers. We look forward to being together!



# **WOMEN'S CONNECT+GROW**TUESDAY / FEBRUARY 25 / 7PM / NRCC CHAPEL

We're continuing our study together on the Book of Ruth! There's always room around our table for you to connect and grow! For more information please speak with Gail Lister.

#### **MOVING WITH MUSIC**

### WEDNESDAY / FEBRUARY 26 / 9AM / NRCC CHAPEL

Let's get our "MOVE ON!" MOVING WITH MUSIC is designed as a fun way to make you move! Each session uses music and rhythm exercises that help maintain walking, balance and general movement. All exercises are adaptable so participants can work at their own level. For more information please contact <u>Julia!</u>



# **LOVEWORKS: TALKING. MARRIAGE.**WEDNESDAYS / FEBRUARY 12 - MARCH 4 / 7PM / NRCC CHAPEL

Marriage is two stories coming together. Everyone grew up with a certain setting and everyone's setting is different; the joining of two stories is the joining of two settings. And the more you know about the setting of your partner's story, the better your collective story will be. What are the key scenes in your story that have shaped who you are?

There's a stream under the surface of our relationships and our desire is to help couples get to the stream by creating space for critical conversations so we can better understand one another. Then we'll be better informed on the surface issues that inevitably come up in every intimate relationship.

Whether you're beginning your marriage journey or have been married for a long time - this 4 week interactive video series is excellent for all couples who want to be intentional about having those critical conversations and have a "talking marriage."

Donald Miller wrote - "I no longer believe love works like a fairy tale but like farming. Most of it is just getting up early and tilling the soil and then praying for rain. But if we do the work, we just might wake up one day to find an endless field of crops rolling into the horizon. In my opinion, that's even better than a miracle. I'd rather earn the money than win the lottery because there's no joy in a reward unless it comes at the end of a story."

Why not take the month of February for some LoveWorks and have 4 "Date Nights" - February 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> and March 4<sup>th</sup> from 7-9pm to spend some time together with other couples, talking marriage!

Check out the details on the web site or speak to Dean or Lesley Kennedy for more information.



### **WOMENS WELLNESS RETREAT - JAMAICA**

Join like-minded ladies in a weekend away in support of your health and wellness goals! Located in the beautiful Tapioca Village resort in St Mary Jamaica - you'll enjoy a safe and supportive space to work on your roadmap to wellness! Enjoy interactive workshops, optional physical and restful activities while enjoying the beauty that the hills of St Mary, Jamaica have to offer! For more information please contact <a href="Andrea Wilson">Andrea Wilson</a> or check out the <a href="Womens Wellness Retreat website">Wellness Retreat website for the details.



### **OUR SISTER CHURCH**

We believe the "church" is a people who live out God's love as a family. That "family" is not restricted to just a local geography because we're "related" to Christians in every part of the world! Nashville Road is also part of the Canadian Baptists of Ontario and Quebec (CBOQ) which is a denomination made up of churches within the larger family of God here in this part of Ontario.

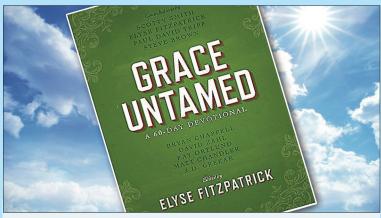
We've been given the great opportunity to stack hands with a "sister church" as a way of helping us as a larger family support and encourage each other in prayer! Our sister church is Eucharist Church in Hamilton. You'll be hearing more about this in the days ahead and next Sunday - March 1 is a special day as all the churches within our CBOQ family begin praying for our sister churches. We'll take time next week to pray specifically for our brothers and sisters and the ways that they are seeking to live out God's love and bring the reality of His kingdom close to those around them.

Please check out the <u>Eucharist Church of Hamilton</u> website and begin to look for how you can be praying!



### **DONATION TAX RECEIPTS AVAILABLE**

Donation Tax Receipts for 2019 will be available for pick up on Sunday morning.



### **GRACE UNTAMED**

Another excellent companion to our current series on Grace is - <u>Grace Untamed</u>. A 60 Day Devotional featuring daily contributions from several Christian pastors and authors.

### **FAMILY FUN AND GAMES:**

We had a great time eating and playing together this past Sunday evening as we celebrated Family Day Weekend! Thanks to all who shared their food and fun!





















Living Out the Love of God!

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